

MEDICATIONS FOR OUTDOOR EDUCATION TRIP IMPORTANT FAQs:



• My student needs medication at Outdoor Education. What do I need to do?

Answer:

We can give most medications on our Outdoor Education Trips. See below on what forms you need to fill out. Most forms require a Medical Provider signature. Please include all medications on forms (if many medications, may need to use 2 or more forms).

- For 6th Grade, click on the <u>Outdoor Education Provider Medication</u> <u>Authorization Form</u> and check "My student will be taking medication on trip." at the top of the page. This must be signed by a Medical Provider and a Parent/Guardian. 6th Grade cannot self-carry.
- For 7th Grade, click on the <u>Outdoor Education Provider Medication</u> <u>Authorization Form</u> and check "My student will be taking medication on trip." at the top of the page.
 - 1. For school representative administered medications, the <u>Outdoor</u> <u>Education Provider Medication Authorization Form</u> must be signed by a Medical Provider and a Parent/Guardian.
 - 2. For self-carry forms, see below for those appropriate forms.
- My student does not need medication at Outdoor Education. What do I need to do?

Answer:

Simply fill out the <u>Outdoor Education Provider Medication Authorization Form</u> and check "My student will NOT be taking medication on trip." at the top of the page. This must be signed by a Parent/Guardian.

• When and where do I send all the medication forms?

Answer:

All medication forms are due 2 weeks before the trip. If you are having an issue getting the form back from your medical provider, please contact the Health Room asap.

Parent/Guardian or your student(s) can drop the forms off to the Front Office during school hours, can be emailed to <u>health@bfacademy.org</u> or fax to 303.974.1738.

• Can I send vitamins or cough drops?

Answer:

We prefer that over-the-counter medication such as vitamins, Melatonin, and cough drops are not sent on the trip. However, if your student requires them, they are all considered medications and must comply with our Medication Administration Policies (see above for student needs medication).

• Can my student self-carry medication?

Answer:

- 6th Grade <u>cannot</u> self-carry any medications from cough drops to Epi Pens. We hire a School Nurse or Health Assistant to go on the trip who will assist with all medication administration.
- 7th Grade <u>can</u> self-carry and self-administer many medications <u>with the exception</u> of certain lifesaving prescriptions, such as Epi Pen or controlled substances, such as Methylphenidate. Self-Carry Contracts are required for all medication. See which Contract applies below (2 forms may apply).

a. Over the Counter Medication (One dose per day): Students can carry one dose (per day) of over-the-counter medication without a medical provider signature. The <u>Contract to Carry Self-Administer Medications</u> must be filled out with required signatures from student and parent/guardian.

For example: Tylenol= 2 pills per day, times 3 days for total of 6 pills only. Zyrtec= 1 pill per day, times 3 days for a total of 3 pills only. Cough Drops= 3 per day, times 3 days for a total of 9 cough drops

b. For students bringing prescription or more than one dose of over the counter medication, the <u>Outdoor Education Self Carry Authorization Form</u> is required with signatures from medical provider, student and parent/guardian. One medication per form.

For example: Ibuprofen= need 2 x per day. Zyrtec= 2xl per day. Albuterol Inhaler for asthma.

c. Certain lifesaving medications or controlled substances, the <u>Outdoor</u> <u>Education Provider Medication Authorization Form</u> must be signed by a Medical Provider and a Parent/Guardian. These medications cannot be self-carried.

• How do I send medications with my student?

Answer:

<u>All medications (prescription & over-the counter) must be in their original containers.</u> All prescription medications must have a prescription label with your child's name. Please double check expiration dates before you send the medication.

6th Grade needs to <u>check in all medication to the Health Room</u>. All medications with the exception of life saving prescriptions need to be dropped off the **FRIDAY** before the trip. Life Saving medications can be dropped off no later than 8 am the day of.

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7th Grade needs to <u>check in all medication to the Health Room unless self-carrying</u>. All medications with the exception of life saving prescriptions need to be dropped off the FRIDAY before the trip. Life Saving medications can be dropped off no later than 8 am the day of. Self-Carry Medication(s) needs to be packed securely in their suitcase or carry on.

• My child has medication at school. How does School medication(s) go with my student?

Answer:

School medications automatically go on all Field Trips, including Outdoor Education. If a parent does not want the School Medication to go on the field trip, prior written notice is required the Friday before the trip.

- 1. Parents do not need to fill out additional paperwork for School Medication
- 2. Students cannot self-carry School Medications and will only be administered by the School Representative.
- 3. Medication will be returned to the School at the end of the trip.
- How does my student get the medication back after the trip?

Answer:

Parents can pick up Medication from the Health Office after students arrive back at school. However, when this doesn't happen, parents can pick up the medication in the Health Room during Front Office Hours any time afterwards. Medications still not picked up within a week, students can pick up at the Health Office during carpool only. Medications not picked up after one month will be disposed of.

• Please remember: Medication will NOT be administered on the trip if the appropriate signed *Provider Medication Authorization or Self Carry* form is not received for ALL medications. Consult your school nurse or health assistant with questions.